



**Spooky season is here — a time to celebrate with family and friends, connect with the community, and make lasting memories.
The real scare? Distracted driving.**

In recognition of National Teen Driver Safety Week, October 18-24, encourage your teen to take the pledge and join the [Red Thumb Movement](#), NTTA's campaign to help end distracted driving, not just this season, but all year long.

You can share these simple tips to help make every trip safer for all drivers:

1) Buckle up:

Wear your seat belt on every trip and make sure every passenger is also buckled up before the vehicle moves.



2) Prepare before you go:

Give yourself enough time to set your GPS and avoid rushing to your destination. Before shifting into gear, adjust your seat and mirrors, choose your music, set your phone to driving focus (iPhone users) or driving mode (Android users) to limit incoming notifications, and secure loose items.

3) Keep your eyes on the road and hands on the wheel:

Make driving your only focus. Put away your phone and avoid other distractions. If you need to call or send a message, pull over to a safe location first.



4) Follow the speed limit and leave space:

Whether you're driving through your local neighborhood or on an NTTA road, watch for posted speed limits. Leave a safe following distance to react to traffic, road conditions, and pedestrians.